

## Newsletter - May 2022

### NICU Masterclass



To cover the wide range of evidence-based topics in Management of neonatal hypoglycemia, Approach to jaundice in neonates and management, Nutrition in NICU for term and pre-term babies and Fluid and electrolyte management in NICU, a masterclass was curated by Shifa Center for Professional Excellence (SCOPE) under the leadership of Dr. Yasser Masood and Dr. Salman Bashir Wani.



Dr. Yasser Masood, (Consultant Neonatologist - Shifa International Hospitals Ltd) discussed how to improve nutrition and weight gain for preterm babies in NICU and following discharge from the hospital. He also discussed how sick babies in NICU should receive different types of fluids and electrolytes.

Dr. Salman Bashir Wani, (Consultant Neonatologist - Shifa International Hospitals Ltd) discussed which newborns are at risk of hypoglycemia (low blood sugar) and how to identify and treat them. He also discussed various causes of jaundice in newborns, which tests to perform and how to treat it.



All sessions generated a huge amount of discussion and questions from the participants who came from across the region to attend this educational event.

