NEWSLETTER - November 2021

Thyroid Thermal Ablation - Workshop:

Shifa Center of Professional Excellence (SCOPE) conducted a workshop on Thyroid Thermal Ablation on November 13–14, 2021, in collaboration with the Department of Radiology – Shifa International Hospitals Ltd, Islamabad.

The aim of this workshop was to strengthen knowledge, skill set, and practice in RFA of the Thyroid Surgery.

First part of the workshop comprised of Didactic Lectures on RFA Basics, Technique of thyroid RFA, Indications for thyroid RFA and Complications of RFA by Dr. Shahzad Ahmad (Consultant Endocrinologist, Diabetes & Metabolism, Endocrinology Center of Utah, USA).

The second part of the workshop allowed participants to practice on the phantom and improve their thermal ablation competency and skill set.

Dr. Zeeshan Bin Ishtiaque (Chief Medical Officer, Shifa International Hospitals Ltd & Chief Executive Officer, eShifa) applauded Dr. Atif Rana (Chief of Radiology & Consultant Interventional Radiologist, Shifa International Hospital Ltd, Islamabad) for his efforts in planning this workshop and thanked Dr. Shahzad Ahmad for accepting our invitation and sharing his expertise to ensure a successful patient outcome.

He further added that we need to learn more, we need to collaborate with people more. This is the learning curve - the journey we are on!













Antibiotic Awareness Seminar

In lieu with World Antibiotic Awareness Week (18-24 November 2021), Shifa Center of Professional Excellence (SCOPE) conducted a seminar on Antibiotic Awareness on November 22, 2021 in collaboration with Department of Infectious Diseases, Shifa International Hospital.

The topics of seminar were Antibiotic Resistance: Burden and Causes, Medical Microbiology and Antibiotic Stewardship, The Rational use of Antibiotics in COVID-19 and

Antibiotic Stewardship: The What, Why, Where, When and How.

Dr. Afreenish Amir, Medical Microbiologist/Technical Officer (National Institute of Health), Dr. M. Usman, Consultant Microbiologist (Shifa International Hospitals Ltd, Islamabad), Dr. Ejaz A. Khan, Section Head - Department of Infectious Diseases (Shifa International Hospitals Ltd, Islamabad) and Ms. Sundas Maria, Clinical Pharmacist (Shifa International Hospitals Ltd, Islamabad) were the speakers of the seminar.







Vitamin-D Awareness Seminar:

Shifa Center of Professional Excellence (SCOPE) hosted a Vitamin-D Awareness Seminar in collaboration with Shifa International Hospitals Ltd.

The seminar's speaker, Dr. Aamer Nabi Nur, Consultant Orthopedic Surgeon (Shifa International Hospitals Ltd, Islamabad) highlighted the recognition & management of Vitamin-D Deficiency.

The panel of experts, that included Dr. Sohail Hafeez, Consultant Orthopedic Surgeon (Shifa International Hospitals Ltd, Islamabad), Dr. Yawar Najam, Consultant Pediatrician (Shifa International Hospitals Ltd, Islamabad), Dr. Asaad Akbar Khan, Consultant Cardiologist (Shifa International Hospitals Ltd, Islamabad) and Dr. Maria Syed, Associate Consultant Dermatologist (Shifa International Hospitals Ltd, Islamabad) discussed the significance of Vitamin-D in their fields.







Workshop On Laparoscopic Gynecological Surgical Skills:

Shifa Center of Professional Excellence (SCOPE) conducted a "Workshop On Laparoscopic Gynecological Surgical Skills" in collaboration with Shifa International Hospitals Ltd, Islamabad, to provide hands-on experience of basic and advanced laparoscopic skills.

The workshop was led by Dr. Shazia Fakhar (Chief & Consultant Obstetrician and Gynecologist, Shifa International Hospitals Ltd, Islamabad) and Dr. Shahnaz Nawaz (Associate Chief & Consultant Obstetrician and Gynecologist, Shifa International Hospitals Ltd, Islamabad).

The goal of this workshop was to improve performance in obtaining clinical outcomes by solidifying knowledge and skill sets.







Basic Life Support Course:

Shifa LiST Center (AHA Accredited International Training Center), organized the Basic Life Support Courses. These courses were attended by the healthcare providers (doctors and nurses) to enhance patient care by imparting critical Emergency Cardiovascular Care (ECC) and Cardio Pulmonary Resuscitation (CPR) education at the highest standards.

