

Newsletter - August 2023

1. Subfertility Awareness and IUI Workshop

The "Subfertility Awareness and IUI Workshop" was organized on 11th August 2023 at C-0 Auditorium Islamabad. The main purpose of this workshop was to enhance the knowledge and skills of healthcare professionals and participants in understanding and addressing subfertility issues. Distinguished experts in the pertinent field including Prof. Dr. Rashid Latif, Dr. Shazia Fakhar, Dr. Haroon Latif Khan, Dr. Rohina Gul and Mr. Kouser Siddique, were invited to impart their insights and provide comprehensive overviews to the attendees regarding subfertility matters.

The agenda of the workshop encompassed various crucial topics, including female workup in subfertility and stimulation protocols for IUI, as well as evaluating and treating male subfertility. The appropriate indications for mild, moderate, and high-dose ovarian stimulation regimens based on patient characteristics were also discussed. Participants also learned about evidence-based treatment options for male subfertility, including lifestyle modifications, medical therapies, and assisted reproductive techniques. Additionally, the workshop provided attendees with a practical element with hands-on simulators for IUI and semen preparation in IUI, allowing participants to gain valuable experience and confidence in performing these procedures.

The workshop successfully achieved its goal of enhancing participants' comprehension of subfertility matters. Through engaging sessions, hands-on sessions, and expert insights, attendees gained valuable knowledge and skills to address these challenges effectively. The event served as a platform for healthcare professionals to exchange ideas and foster collaboration, contributing to the advancement of subfertility management.





2. 16th ANRD Pre-Conference Workshop

The anticipation and excitement surrounding the 16th Annual Neurological Research Day (ANRD) were met with great enthusiasm as the Pre-Conference Workshop unfolded on August 25th, 2023.

The workshop's theme, "Empowering Biomedical Research and Writing in Pakistan: Addressing Challenges, Exploring Opportunities, and Finding Solutions," was meticulously designed to address the hurdles and opportunities within Pakistan's academic landscape concerning biomedical research. Under the expert guidance of Dr. Farooq Azam Rathore, a distinguished consultant and associate professor from the Department of Rehabilitation Medicine at AFIRM, participants delved into the challenges that often hinder the progress of research endeavors.

Participants were divided into three groups and engaged in a group activity. One group identified solutions, the second group highlighted challenges and the other one explored opportunity in biomedical research.

This workshop left participants empowered, enlightened, and equipped with actionable insights to advance their research pursuits. The engaging discussions sparked a spirit of cooperation, motivating participants to establish connections and explore potential collaborations with like-minded professionals.



16th ANRD Conference

The 16th Annual Neurological Research Day (ANRD), organized by SCOPE in collaboration with the Neurology Department, was an extraordinary convergence of minds and ideas in the field of neurology and related specialties.

With the aim of promoting academic neurology and cultivating a research-oriented attitude, the conference brought together brilliant medical minds from various disciplines.

With genuine enthusiasm and a captivating presence, Dr. Muhammad Amjad, Chairperson Organizing Committee and a visionary leader himself, set the tone for the 16th Annual Neurological Research Day (ANRD). As he welcomed participants and esteemed guests, he emphasized the essence of ANRD; to foster a culture of innovation, learning, and excellence within the neurological community. He highlighted how this conference has evolved over the years to become a beacon of inspiration for young minds and professionals.

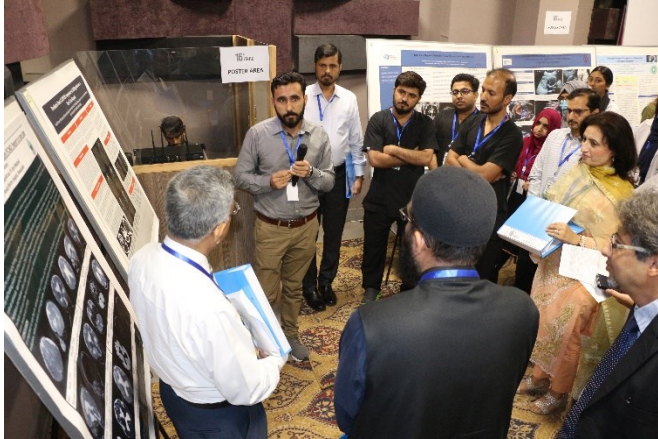
Prof. Dr. Tahir Khalily's, Dean Faculty of Social Sciences and Humanities STMU, captivating keynote talk, "The Neuroscience of Psychotherapy and Mental Health Services," sheds light on the vital role neuroscience plays in shaping effective psychotherapy strategies.

From interactive quiz competition to captivating platform presentations and thought-provoking poster displays, the ANRD Conference showcased the best of neurology research. We were thrilled to reward our outstanding participants with cash prizes and gifts for their remarkable contributions.

As the event drew closer, the CEO of Shifa International Hospital, Dr. Zeeshan Bin Ishtiaque, graced the event with his presence and extended his heartfelt thanks to all participants, speakers, and supporters who made ANRD a remarkable success. His words resonated with the spirit of collaboration, unity, and unwavering dedication that defined the event.

The 16th ANRD Conference wasn't just a one-time event; it was a step towards a brighter future for neurological research.





Basic Life Support Courses:

Shifa LiST Center (AHA Accredited International Training Center), organized the BLS Courses.

These courses were attended by the healthcare providers (doctors and nurses) to enhance patient care by imparting critical Emergency Cardiovascular Care (ECC) and Cardio Pulmonary Resuscitation (CPR) education at the highest standards.



Advanced Cardiac Life Support Courses:

Shifa LIST Center (AHA Accredited International Training Center), organized the ACLS Courses.

These courses were attended by the healthcare providers (doctors and nurses) to enhance the administration of adults that are facing cardiac and pulmonary arrests.



Self-employment of Women in Private Health Sector: Training of DoHs Staff e-Learning

A joint project on Self-employment of Women in Private Health Sector: Training of DoHs Staff e-Learning by Shifa International Hospitals Ltd., Shifa Center of Professional Excellence-SCOPE, Shifa Foundation and GOPA Worldwide Consultants sponsored by KFW Development Bank aimed to train nominated health professionals from various government hospitals of Punjab and KP Districts.

The project has been divided into four modules and that these modules will be led by subject matter experts of Shifa International Hospitals in Islamabad.



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